

# North Carolina Family Therapist



*Strengthening family, couple, and individual health*

North Carolina Association  
for Marriage and Family  
Therapy.

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## From the President's Desk: Karen Caldwell, PhD, LMFT

It is with gratitude to the hard-working members of NCAMFT that I begin serving as President of NCAMFT. On November 14 and 15<sup>th</sup> of 2008, the Board met for two days to review our mission statement, values, and priorities. We remain committed to the mission of NCAMFT which is “to promote the profession of marriage and family therapy in order to improve the health and well-being of families, couples, and individuals.” We developed a strategic plan with Vision Statements to guide our actions over the next two years. We plan to:

- Actively advocate at the state and federal level for the profession of MFT
- Provide quality professional education and development
- Encourage and support involvement by all levels of membership in NCAMFT
- Embrace diversity, uniqueness, and inclusivity in all our work
- Advocate for high ethical standards amid increasing financial stressors.

A special thank you to Board members who recently have completed their terms of service as of December 2008:

- Angela Lamson, PhD, LMFT -



### President

- David Kadans, MA-Student/Assoc. Rep from the West
- Tom Murray, LMFT-Secretary
- David Geissler, LMFT-Chapter Director
- Janie Sowers, LMFT-Ways and Means

### Committee Chair

- Angela Kidd, PhD-Membership Committee Chair
- John Mader, LMFT-Professional Practice Committee Chair

In our difficult economic circumstances, our membership remains strong. NCAMFT currently has 642 members, an increase of approximately 50 members in two years. Our new members are students as well as those who have moved into North Carolina and have been members of AAMFT in other states. As we combine our voices, we improve the visibility and legitimacy of the profession of MFT. In our federal legislative efforts, we continue to advocate for inclusion of MFTs in Medicare and in the No Child Left Behind law. Tim Smith, President-Elect, and I will travel to DC in March to ask for the support of our state senators and representatives on these key issues.

# **News from the Licensure Board: Good Relationship Between NCAMFT and NC Licensure Board Is the Envy of Many States**

by Wanda Nicholson, Executive Director

North Carolina currently has 633 active licensed marriage and family therapists (LMFT) and 104 associates (MFTA).

As most of you know, the primary mission of the MFT Licensure Board, as defined by NC Statutes, is to protect the public. In order to fulfill this mission among the responsibilities of the North Carolina Marriage and Family Therapy License Board is the review of qualifications of applicants for licensure and the subsequent examination process as well as investigation of complaints regarding licensees. Board decisions are not subjective, they are objective. Positions and interpretations of statutes and codes are based on board legal counsel opinions.

The NC MFT Association and the NC MFT Licensure Board have enjoyed a good relationship, one that is the envy of many other states. In most instances, there is a real effort to work behind the scenes and achieve consensus on most issues. However, there are times that the licensure board has to make decisions that may not always be the most popular, but again are based on their primary mission of protecting the public and requirements of NC Statutes.

This Board takes its charge very seriously. They consistently give of their time and talent, outside of regular meetings as well. While appointed by the Governor, they are indeed volunteers. Some of you can remember when calls to the licensure board were only returned one day a week, and that it's only been in the last few years that a website was developed and implemented along with a more comprehensive application and development of various forms. All of this takes time and dedication to planning and development. Just as your association has funding challenges, the licensure board does too. The board, although legally considered a state agency, receives no state funding. The board is primarily funded by application and renewal fees. You are encouraged to first check the website for information and forms and when there is a specific question to first consider emailing the question as it helps maximize staff time. It also helps ensure a documented answer which it is hoped lessens confusion or misunderstanding. That being said, certainly you may call and while you may at times get voice mail, our commitment is that all calls are responded to within 2 business days, generally the same day.

## **Ethical Complaints**

The North Carolina Marriage and Family Therapy Licensure Board responsibilities include investigating ethical complaints regarding marriage and family therapists. The main areas of complaints received are inappropriate relationships with clients and practicing without a license. Board actions can include suspension, remedial action, revocation and/or referral for prosecution – all of which have occurred. The Board currently has 8 open complaints under review and/or investigation and two hearings are scheduled. As you can imagine, this represents a significant commitment of time and expense. The Board has adopted the AAMFT Code of Ethics and we strongly encourage you to review these on a regular basis and assess your practices to ensure you are adhering to the Code of Ethics. There is a link on the NC Board's website ([www.ncmft.org](http://www.ncmft.org)) and you can also go directly to the AAMFT website ([www.aamft.org](http://www.aamft.org)) to download a copy.

## **Changes to Rules for Licensing**

The Board recognizes the National MFT Examination in conjunction with education and experience as a component of the licensure approval process. In 2007, the Board after careful analysis of the current rules was able to change the previous policy of requiring completion of the 1500 clinical and 200 approved supervision licensure requirements prior to sitting for the exam. In other words, one can sit for the exam during scheduled exam periods once his/her application has been approved based on meeting academic requirements. The NC Board, as does most other states in the country, requires anyone applying for licensure to pass the National MFT Exam regardless of how long they have been licensed in another state, if they have not previously passed the National exam. Naturally these two policies have resulted in an increased number of exams. For example in 2003, there were only 16 exams for the year and by the end of 2008, 117 exam registrations were processed that year.

NC has been a leader in working with the American MFT Regulatory Board to ensure the examination process is refined and updated. Now, once an applicant is approved to take the exam and registers once with the licensure board, they do not have to re-register if they elect to postpone an exam or have to retake an exam. Once approved, the approval remains in place unless the licensure board otherwise notifies the testing service. The next step in the process will be enabling examinees to register on-line with the testing service rather than using the paper registration materials. We hope this will be implemented within the next year.

# Licensure Board Update Continued: Portability, Changes in Continuing Ed Requirements and News for MFTAs

## Developing Standards for Portability Licenses

We, along with other states, continue to encourage the regulatory board to move forward with developing standards for portability of licenses in the United States. However, the complexity and difficulty in achieving this goal is that every state has its own statutes, with some degree of similarity and conversely differences. Because the statutes are the overriding factor, it does complicate the goal of achieving portability. Difficulties in transferring licenses from another state are not unique to NC by any means.

## Changes in Continuing Education Requirements to Begin July 1, 2010

Continuing Education is critical to continued competency. We reported last year that the Board had undertaken the project of revising the Administrative Rules. This has proven to be quite a daunting task and has undergone several revisions. These rules have gone through the submission process including publication with the State of NC Office of Administrative Hearings. This project has probably generated more comments, pro and con, than anything in the past five years. There has been some confusion and misinformation, but it is hoped most of this has been cleared up at this point. This is one of those instances where we definitely encourage you to go to the primary source (the licensure board) if you have questions. Rumor, as opposed to fact, can make any change seem much more daunting than it really is. The most significant change:

Increasing continuing education requirements for licensure renewal to 20 hours per year from the current 12 hours per year. As part of this change a minimum of 3 hours of ethics training per renewal period is proposed. This is consistent with other similar licensure board standards. There is more flexibility in what can count as continuing education. For example, many LMFTs elect to continue some supervision as they work to develop their skills. The Board, in recognizing this, will accept up to 12 hours of supervision for continuing education credit requirements. The reporting process for supervision used as continuing education will be developed and published prior to implementation of these new rules. Structured on-line courses are accepted. Up to 5 hours can be counted if you teach or present a class. The requirement that, in addition to the ones noted above, coursework must by title and content clearly deal with marriage and family therapeutic issues will not change

and the best way to determine if a course is acceptable in this instance is to ask yourself – is this clinical content.

The Board having the option to delay final adoption of the rules changes has opted to do so. Recognizing that these are tough economic times for everyone, including therapists, the Board wants to be sensitive to these unsettling times. Therefore, proposed changes will not go into effect before the June 30, 2011 renewal. In other words, the new continuing education requirements would be for coursework taken during the period of July 1, 2010 through June 30, 2011 to renew your license for July 1, 2011. Notification of changes will be mailed prior to July 1, 2010 and there will be a website posting.

Renewal packets (mailing scheduled for March 16) for the upcoming renewal date of July 1, 2010 indicate a 12 hour requirement. As a reminder, if you are using the annual NCAMFT conference for continuing education requirements you must submit a copy of the certificate directly to the licensure board with the renewal forms. The NCAMFT does not automatically notify the licensure board.

## News for MFTAs

New in 2009 is regular quarterly reporting of clinical and supervision hours accrued by MFTAs. The first report is due no later than April 30, 2009 for the quarter of Jan – March 2009.

Provisional Licensure for MFTAs has been a very important issue for your association. The licensure board is and has been supportive of this goal. Last year your association with the support of the licensure board had hoped to introduce legislation to clarify that associates should be considered provisionally licensed. Unfortunately, they were not able to accomplish this in the last legislative session. Therefore, in conjunction with some other statutory changes being proposed by the licensure board, provisional licensure is back on the table. The licensure board is currently working with the legislature to get a bill passed during the current session. We are optimistic this can be accomplished, but as many of you know, when it comes to legislation, it can be a convoluted and at times frustrating process. Licensure board members and its legal counsel are in regular contact regarding this and hope to get it passed this session. If not, we'll be back for another go round! As soon as we know something definite, we will post this on the Board website and notify MFTAs.

# An Overview of Recent Changes in NC Health Care System A Professional Practice Update

by Chad Jordan, MA, LMFT, Chair

## Changes in State Leadership

NC Governor Beverly Perdue has made several appointments that influence decisions about the Health Care System in our State. Key players include:

- ◆ *Lanier Cansler*-Secretary of the Department of Health and Human Services
- ◆ *Maria Spaulding*- Deputy Secretary for Long Term Care and Family Services
- ◆ *Jeffery Engel*-State Health Director

## Opportunities for Marriage and Family Therapist Associates in the NC p Public MH/DD/SAS System are Evolving

At present, provisionally licensed practitioners are able to work with private agencies that are contracted with Local Management Entities (LMEs) to provide basic outpatient therapy services to Medicaid and State funded consumers. This service may be office or community based and affords the associate/provisional licensee choices for post-graduate placement in the public mental health system. The billing is currently routed through the LME and the provisional licensee is considered a clinically trained (under supervision), reimbursable provider recognized as an asset to any agency and reimbursed accordingly. However over the past several years and without a clearly articulated reason, the use of H Codes (billing codes), which provide the billing mechanism for associate/provisional licensees, has been repeatedly slated for removal as an option for billing of basic outpatient therapy.

With the impending termination of H Codes, provisionally licensed professionals would still have options for gaining employment with agencies that provide Medicaid "Enhanced Services" (Community Support, Multi Systemic Therapy or Intensive-In-Home). All of these are provided in the community or home of the consumer/family, and some of the aforementioned services require significantly fewer clinical hours and more administrative functions, thus making it difficult to obtain the necessary hours for licensure. Unfortunately, within the NC public MH/DD/SAS system associate/provisionally licensed professionals are lumped into a category with Bachelors level staff, which cost agencies less to employ, therefore increasing profit margins and reducing clinical quality of the services provided. For more on Service Definitions go to: <http://www.ncdhhs.gov/mhddsas/servicedefinitions/servdef3-27-06rev.pdf>

In a collaborative effort, the Providers Association Council (PAC) working closely with the NC Division of Medical Assistance (DMA) and the NC Department of Health and Human Services (DHHS), have developed a policy to address the need to offer diverse employment and clinical opportunities for unlicensed professionals working towards licensure in NC. Since July 1, 2008 an "incident to" policy has been continually revised to accommodate the needs and provide a solution to the termination of H Codes. The most recent version was introduced in March 2009 DMA bulletin and can be viewed in detail at the address below. <http://www.ncdhhs.gov/dma/bulletin/0309bulletin.htm#bh> Go to the site, scroll to the **Outpatient Behavioral Health Service Providers** section and select *Behavioral Health Services Provided by Provisionally Licensed Providers in Physician Offices*.

This policy allows Marriage and Family Therapy-Associates (MFTAs) to be billed for "incident to" a physician, meaning the physician's Medicaid provider number is used in conjunction with current procedure codes (CPT codes) and special modifiers to bill Medicaid directly for basic outpatient therapy services. The MFTA will still need to maintain an AAMFT approved supervisor and adhere to all requirements for the NC Marriage and Family Therapy Licensure Board. Consequently, the AAMFT approved supervisor and the physician will need to be available by phone should a consult be needed by the MFTA. The MFTA may be directly contracted with or employed by a physician or a behavioral health agency that has a physician associated with the agency in order to provide outpatient therapy "incident to" a physician. NCAMFT must consider this a positive addition for NC consumers, physicians and MFTAs, offering interdisciplinary treatment settings for clinical services and clinical experience. The "incident to" policy encourages MFTA inclusion in Primary Care settings, and after revisions to the policy it allows for agencies that employ or contract with MFTAs to transition from H Code to "incident to" or CPT code billing structure, potentially a win-win solution.

Although positive and progressive in scope, the vast majority of provider agencies, where MFTAs are currently working and billing H Codes, do not employ or have contractual relationships with physicians. The concern is that the provider agencies will not have adequate job placements for MFTAs seeking the experience of providing office based outpatient therapy. Therefore, it is critical that we continue to work with DMA, DHHS and the Medical Society

## A Professional Practice Update—continued

by Chad Jordan, MA, LMFT, Chair

to inform about the “incident to” policy and educate about the benefits of having an MFTA integrated into a Primary Care setting.

### Licensed Marriage and Family Therapists in the NC Public MH/DD/SAS System

After significant advocacy efforts, the Division has developed a Licensed Professional (LP) category to distinguish a provider of higher clinical education and training in the Qualified Professional credential. Consequently, House Bill 2436 provided a tiered fee schedule for the Community Support service and an LP is reimbursed 22.04 per unit (15 minutes). The PAC is advocating for MFT-As to be included in the LP category; however, our efforts have been unsuccessful thus far.

Medicaid is going to require that claims be submitted using the National Provider Identifier (NPI) only effective May 1, 2009.

### Legislation

With the invaluable assistance of our lobbyist, Jon Carr, NCAMFT will monitor and provide assistance to the Licensure Board’s bill making updates and changes to the Licensure statutes. Please see the Licensure article for additional information. If you are not already aware from attending the NCAMFT conference, our current Capital Campaign efforts are in full swing to fund legislative initiatives and require the generous sacrifice of membership. If you have not

contributed this year, please strongly consider this, as we need all the assistance we can get to move this important legislation through the system.

Other legislation related to professional practice:

- ◆ House Bill 2436-introduced and passed in 2008 to provide various regulations to address problems in the NC MH/DD/SAS system
- ◆ Mental Health Reform Bill introduced for 2009 NC General Statutes
  - Makes explicit that LMEs, with a public mission, can both provide and monitor public services
  - Sets in policy that clinical needs, stable workforce, and training are high priorities
  - Defines safety net services
  - Establishes in statute the role of the LME Medical Director
  - Removes language referring to “fair competition”
  - Permits Telepsychiatry for first examinations by physician or eligible psychologist
- ◆ Campus Safety Bill-Provides Immunity for mental health providers that breach confidentiality when suspected/potential harm to others is detected while working in university campus settings
- ◆ Uniform Emergency Volunteer Health Practitioners Act-allows licensed clinicians from other states to enter NC and provide treatment during declared emergencies.

## 2009 Award Winners



Trip Woodard (right) presents Judge Gary Cash with the 2009 Champion of the Family Award.



Angela Lamson accepts the David and Vera Mace Award



Reverend Scott Rogers accepts an award for Outstanding Contributions

## Evaluations for Dr. Doherty mostly Positive; Sallie Foley, Expert Sex Therapist, Slated for 2010 A Continuing Education Update from Emma Wallace, LMFT

It was so good to see all of you at our conference last month! We continue to have quality experiences at our annual conferences, largely due to the efforts of our Executive Director, Cathy Womack, who is so skilled at anticipating all our needs and covering all the bases! And if she just had a magic wand, she could have prevented the toilets from breaking, the elevators from being too slow, the toilet paper from running out, the Saturday lunch would have smelled and tasted better, and the meeting room temperature would have been just perfect! Thanks again, Cathy, for such a good job! Sorry, folks, about the inconveniences, but I hope we all made it through without too much discomfort.

The evaluations have been compiled and for the most part, were positive for Dr. Doherty. Some of the comments were as follows: content of workshop was excellent; one of the best presentations I've been to in 20 years as a MFT; loved how Dr. Doherty was "in charge;" presentation far exceeded my expectations; brilliant mix of structure and self of therapist approach;

visual learning was terrific; needed more in-depth information for experienced therapists; several thought he was rude and hostile to audience; started off funny and ended up being cocky and rude; one of the best conferences overall. There were the usual complaints about the meeting room temperatures, the food, the capital campaign, the code system for receiving credit, and the accommodations in general. We will be sure the hotel gets the feedback they need. There were some great suggestions for future presenters and ideas for us to consider. I will bring those before the board at our next meeting in May. Thank you for your involvement in NCAMFT!

The location for our fall conference is still undecided, but it will be in a central location for everyone's convenience. The topic is "Domestic Violence" and the morning will consist of a general session, while the afternoon will be breakout sessions. Mark your calendars for Friday, November 6<sup>th</sup>, 2009. Six hours of CE credit will be offered and there will be several qualified speakers. I will publish more details in our next newsletter and on our website.

Sallie Foley, MSW, will be the presenter for our 2010 annual conference, which will be held on Feb, 26<sup>th</sup> and 27<sup>th</sup>, 2010, location TBA. Sallie is a psychotherapist, author, and lecturer. She teaches at the University of Michigan School of Social Work and is the Director of the **Center for Sexual Health/** University of Michigan Health Systems. She is also an AASECT certified sex therapist. Foley is frequently interviewed



by the media, including appearances on CBS Early Show and CNBC, and is cited in numerous publications for her expertise on sexual dysfunction and its treatment. She has co-authored the book *Sex Matters For Women: A complete guide to taking care of your sexual self* (Guilford, 2002). Her most recent book, *Modern Love: A no-nonsense guide to a life of passion* (AARP/Sterling) was released in late 2006. She promises to be a dynamic presenter and I cannot wait to experience what she has to bring!

Thank you again for helping make NCAMFT such a wonderful family! May you be happy, may you be at peace, and may you do good work!

### OFFICE SPACE FOR RENT Raleigh

**Recently renovated office is available to a licensed family therapist/social worker.**

**Space is private and located at the front of a family practice office.**

**Comfortably seats 5 people and includes separate waiting area.**

**Available immediately.**

**Rent is negotiable depending on your needs - we can offer assistance with scheduling and billing as part of agreement.**

**Ongoing referrals available from our six family practice providers.**

**Please call Janet at (919) 880-8590 if interested.**

## Ethics vs. Law: Ethics Panel at Pre-Conference Institute Discusses Ethical Challenges MFTs Face in Private Practice, Supervision, and Agency Work

by Corrine Sacket, LMFT, Chair of the Ethics Committee

An ethics panel was formed for a Pre-Conference Institute this year at our annual meeting and was made up of the following MFTs: Adina Hertzberg, MA, LMFT, who helped write this article, Joanna Warren, MS, LMFT, Chad Jordan MA, LMFT, and Tim Smith, MS, LMFT. This panel led a discussion on the many challenges MFTs face in private practice, in supervision, and in agency work. Participants of the session represented a wide array of professionals across the state. It was evident from the discussion that regardless of geographic area or employment environment, the challenges of maintaining professional standards while meeting the expectations that service definitions and agencies place on MFTs are ubiquitous. The issue that seems to carry the most concern currently is how to maintain ethical standards in agency work when facing the agency demands of determining medical necessity, pushing services for the financial benefit of the agency, meeting productivity, diagnosing clients, and working with mandated clients.

In addition, the panel relayed feedback given by Jennifer Hodgson, PhD, who serves on the licensure board, which identified the top ethical violations. These include sexual or other inappropriate physical contact with clients; dual relationships; inadequate documentation of supervisors; inadequate monitoring of supervisees by supervisors; inequitable or unreasonable practices or prices set by supervisors for supervisees in a vulnerable position; advertising yourself as a specialist without the adequate training or credentialing; insurance and other business related fraudulent practices; and failure to report to the licensure board a charge or conviction of a crime.

Ethical principles to be mindful of in dealing with these struggles are: do no harm, promote autonomy, respect the client-therapist boundary, privileged communication, confidentiality and its limitations, justice, and informed consent. To review these in more detail, consult the AAMFT

Code of Ethics. The panel advocated also for consulting with colleagues and the AAMFT Code of Ethics when ethical questions arise, as well as on a regular basis. Clinical members of AAMFT can contact an attorney through AAMFT for free legal consultation via telephone at (703) 253-0471 or [LegalConsult@aamft.org](mailto:LegalConsult@aamft.org). All members are also able to consult with the Ethics Department with AAMFT on questions related to the Code of Ethics. This can be done by emailing [ethics@aamft.org](mailto:ethics@aamft.org) or by calling the Ethics Case Manager at 703-253-0471.

### The Satir Institute of the Southeast, Inc.

Presents Master Trainer

**Jean McLendon**

Satir Institute of the Southeast, Inc, Director of Faculty  
LCSW, LMFT, AAMFT Approved Supervisor

### Deepening the Satir Experience: Beginner's Mind Revisited

*"In the beginner's mind there are many possibilities, but in the expert's there are few (Shunryun Suzuki-roshi)."* Explore the world of Virginia Satir with



the renewed curiosity of a small child full of wonder and amazement. Open the door to new possibilities in this unique training experience.

**Beginner's Mind Revisited** is a series of two-day intensive training programs for therapists, consultants, managers and trainers based on the methods and teachings of the Satir Growth Model and led by Jean McLendon

**2009 WORKSHOP DATES:** Jan. 9th and 10th, April 3rd and 4th, July 24th and 25th, Nov. 6th and 7th (\$295; \$200 students).

**2009 Study Session Dates:** Jan. 8th, Feb. 12th, Mar 12th, April 2nd, May 14th, June 11th, July 23rd, Aug. 20th, Sept. 17th, Oct. 15th, Nov. 5th (\$55; \$35 students).

Email contact information to Regina Ragan at [reginaragan@mac.com](mailto:reginaragan@mac.com) and you will be contacted. Indicate dates of interest.

## PR Planning to Publish Exclusive MFT Directories

### Notes from the PR Desk By Sandy Carawan, LMFT

PR is in the beginning stages of creating exclusive MFT directories. These will not be membership directories. They will be designed for you to market yourself in your area. When you receive a blank profile in the mail, please complete and return it to me if you would like to be in your chapter's directory.

The directories will be specific to NCAMFT Chapter locations. The profile information will include your demographics, areas of focus, and insurances accepted. They will be pocket sized for convenience. Fees could range from \$25.00 to \$50.00. The number of profiles submitted will influence the pricing to the profile ad.

In January, we launched the new Chapter Directory Pilot Project in the Northeast

Chapter.

This marketing tool is more than a personal advertising investment. When you participate in the directory, you are investing in each member of your NCAMFT Chapter who also places a profile ad in the directory. So each ad grows exponentially by others purchasing an ad. One person in the Northeast Chapter had her professional profile ad, purchased for a small fee, in potentially **51 different locations**. This could be a great deal. In the Northeast Chapter, about 17 people purchased ads. They will each receive 3 directories to place in an office of their choice for promotion. Here's the math:  $17 \times 3 = 51$  directories that will be placed in areas near you with your **'one' profile ad**. One final benefit is that all these

directories advertise OUR profession as MFTAs and LMFT's. Additionally, the cover will read **THERAPIST LOCATOR**, and will have an NCAMFT logo with your specific counties. We have the potential to have directories ALL over North Carolina. So please help us promote YOU and OUR PROFESSION by completing the profile and returning it to me when you receive it in the mail.

Please forward any questions and concerns to me at:

Sandy Carawan, MS LMFT  
1035 A Director Ct  
Greenville, NC 27858

Please forward questions and concerns to  
[sandycarawanmft@hotmail.com](mailto:sandycarawanmft@hotmail.com).

## Car Magnets for Sale!



Car Magnets are for sale for \$5.00.

Send check payable to  
NCAMFT  
P O Box 98073  
Raleigh, NC 27614

Please include mailing address.

Questions? 877-862-2638  
[cam@nc.rr.com](mailto:cam@nc.rr.com)

## **Ways and Means Update: \$8330 Pledged for Capital Campaign During NCAMFT Conference!**

**by Michelle Cawn, LMFT, Chair**

Thank you, to all who attended the NCAMFT conference and made a pledge towards our Capital Campaign. We are pleased to report that we have received \$8330 in pledges and contributions! A special thanks to our Board of Directors, who alone had a 100% commitment, along with all those who pledged at Friend of the Family levels. As many of you may have heard during the conference it is vital for the future of our organization to continue to support lobbying efforts and have our voice heard. Through our ongoing legislative efforts and an active leadership, MFTs in North Carolina have a bright future and we will continue to ensure this forward movement thanks to your support.

If you were unable to attend the conference please consider making a pledge to the Capital Campaign. If you pledge at the \$100 we will send you a NCAMFT t-shirt, at the \$250 level you will receive the NCAMFT polo and for a pledge over \$500 you will receive both the t-shirt and polo. You may also choose to sponsor a student at the \$25 level and receive a magnet to proudly display your NCAMFT membership. We have included a pledge card for your convenience. Please consider helping us reach our \$10,000 goal, we are close!

Thank you for your support!!

## **Thank you to the following 2009 Friends of the Family**

Keeley Pratt  
 Jerry Powell  
 Ingrid Peake  
 Gilbert Beeson  
 Dwight Harro  
 Jessica Edelbaum  
 Rebecca Hubbard  
 Almon Carr  
 Sandy Carawan  
 Lynn Coward  
 Doreen Carroll  
 Shirlene King  
 Lucy Austin  
 Jewell Whitehurst  
 Carol Williamson  
 Linda Combs Shepherd  
 Karen Hecox  
 Jennifer Hodgson  
 Karen Barry  
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 Ruth Cox

*As of 3/2/2009*



*Strengthening family, couple, and individual health*

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## CHAPTER NEWS

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For additional information please contact the NCAMFT office.

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powjerry@gmail.com

### Southwest Chapter

Please visit [www.ncamft.org](http://www.ncamft.org) for additional information or contact

Trip Woodard  
828-681-0513  
wescom@bellsouth.net

### South Central Chapter

The South Central Chapter continues to meet 10X annually on the 3rd Thursday of the month @ Pfeiffer University (near Park & Woodlawn)

from 12 noon - 1:30pm. For additional information and to RSVP please contact

B. Anne Hancock  
704-701-2571  
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### Northwest Chapter

For additional information please contact

Joan Zimmerman, LMFT  
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### **The North Carolina Family Therapist Newsletter**

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