

CARENET OF NORTH CAROLINA RESIDENCY IN PSYCHOTHERAPY AND SPIRITUALITY

CareNet of North Carolina's Residency in Psychotherapy and Spirituality is a two-year, full-time, post-graduate training program with emphasis in the integration of psychotherapy and spirituality. The residency assists individuals working towards:

- Clinical competence
- State licensure
- Professional identity formation
- Clinical and theological integration
- Certification in the American Association of Pastoral Counselors (optional)

The current residency group began September 2008 and will conclude August 2010. The next residency cycle will begin September 2010.

CareNet of North Carolina

CareNet of North Carolina is the counseling subsidiary of North Carolina Baptist Hospital. North Carolina Baptist Hospital began offering pastoral counseling and faith-integrated psychotherapy in Winston-Salem in the 1950's. In the 1970's NCBH established a Department of Pastoral Counseling and began expanding services to counseling centers across North Carolina. These services were reorganized as CareNet in 1996 and now extend to twenty-one different locations, staffed by over fifty therapists, and reaching people in eighty North Carolina counties. CareNet is the largest hospital-based, outpatient, faith-integrated behavioral health provider in the United States.

North Carolina Baptist Hospital has also been a leader in the training of physicians, ministers, and psychotherapists for over sixty years. The Wake Forest University School of Medicine (formerly Bowman Gray) began its affiliation with NCBH in the 1940's. The hospital's School of Pastoral Care began offering Clinical Pastoral Education in 1950, one of the first CPE programs in the country. A training program for pastoral counselors began in 1974 and continued through 1994. Since 1996, CareNet has worked with numerous counseling interns at various centers. The Residency in Psychotherapy and Spirituality extends North Carolina Baptist Hospital's rich tradition of education and training.

The Residency in Psychotherapy and Spirituality

CareNet's Residency in Psychotherapy and Spirituality is a two-year program with emphasis in the spiritual and religious dimensions of therapeutic practice. The residency is for persons who have

- completed their Masters in counseling
- are working towards North Carolina licensure
- want to learn the practice of psychodynamic psychotherapy, and
- want to learn the integration of psychotherapy and spirituality.

The residency is open to persons seeking a variety of licensures and certifications: LPC, LMFT, LCSW, Masters level Psychologist, North Carolina Fee-Based Practicing Pastoral Counselor, and membership in the American Association of Pastoral Counselors.

The residency has strong clinical, didactic, and supervisory components. Residents will have clinical responsibilities in one or more of CareNet's twenty-one service sites (as far west as North Wilkesboro, as far east as Wilmington) and will provide a minimum of 600 hours of counseling annually. Residents will meet regularly for case conference with the clinical staff at their counseling site, weekly for

individual supervision, and two days monthly in Winston-Salem with the full resident group for group supervision and seminars. Each resident's individual supervisor will be selected based on the supervisory requirements for the particular licensure the resident is seeking. Individual supervisors will be chosen in as close geographic proximity to the resident's clinical context as possible. The resident peer group is an important part of the training experience and includes interaction with the NCBH CPE faculty.

CareNet expects all residents to fulfill their two-year commitment to the network and to their peers.

Professional Formation and Core Competencies

The residency is a professional formation experience with a strong educational component. The educational structure of the program is both experiential and academic. Learning happens through clinical experience, supervision, assigned readings, didactic seminars, and participation in a learning community. Residents are supported and expected to develop competencies in three areas: theoretical knowledge, clinical skill, and professional integration.

Salary and benefits

Residents will be full-time employees of North Carolina Baptist Hospital and are paid a salary plus full-time employee benefits. All tuition and supervision expenses are provided by CareNet. Expenses for travel and textbooks are the responsibility of the resident.

Application and Selection

Applications for the next residency group, beginning September 2010, may be submitted as early as January 2010. Interviews and selection will proceed in April 2010.

Questions and Additional Information

For additional information, or to request an application, please contact

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Or

Contact in Wilmington (Residency Site)

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